**Energy Savings Checklist: Reduce Power Consumption & Go Green**

### **Understanding Your Energy Use**

☐ Install a smart meter or energy monitor to track electricity consumption.
☐ Review your utility bill to identify peak usage times.
☐ Conduct an appliance audit to check for energy hogs and outdated models.

### **Switching to Energy-Efficient Lighting**

☐ Replace all incandescent bulbs with energy-efficient LEDs.
☐ Install motion sensors and timers to automate lighting.
☐ Utilize natural light by opening curtains and positioning workspaces near windows.

### **Optimizing Heating and Cooling**

☐ Adjust the thermostat by 1°F to save on heating/cooling costs.
☐ Use ceiling fans to help distribute air more efficiently.
☐ Seal windows and doors to prevent energy loss.
☐ Add insulation to walls, attics, and floors for better temperature control.

### **Upgrading to Energy-Efficient Appliances**

☐ Choose ENERGY STAR-rated appliances for lower energy consumption.
☐ Unplug electronics when not in use or use smart power strips.
☐ Wash clothes in cold water to reduce energy usage.

### **Adjusting Daily Habits for Maximum Savings**

☐ Turn off electronics completely instead of leaving them on standby mode.
☐ Run dishwashers and washing machines only with full loads.
☐ Air-dry clothes and dishes whenever possible.
☐ Reduce hot water use by taking shorter showers and using efficient fixtures.

### **Exploring Renewable Energy Solutions**

☐ Install solar panels to cut down on electricity costs.
☐ Use solar-powered chargers and outdoor lights.
☐ Look into community solar programs if installing panels isn’t feasible.

### **Commit to Sustainable Actions**

☐ Choose one new habit to implement this week.
☐ Share your energy-saving efforts with family and friends.
☐ Reevaluate and adjust energy habits regularly to maximize savings.

By following this checklist, you’ll not only reduce energy consumption but also contribute to a greener, more sustainable future. Every step counts!